

FEBRUARY 2025












The Recovery Exchange

PEER RECOVERY CENTER

Hosted By Spectrum Health Systems



35 Exchange St.
Lynn, MA 01901
(339)499-5871

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2</p>	<p>HAPPY.</p> <p><i>Valentines Day</i></p>					<p>1</p> <p>12pm SMART Recovery</p> <p>2pm Recovery Bingo</p> 
	<p>3</p> <p>9:30am Daily Inspiration</p> <p>11am Women's Meeting</p> <p>2:30pm All Recovery meeting</p> <p>6pm Recovery Dharma</p>	<p>4</p> <p>9:30am Daily Inspiration</p> <p>10am Hope Bag Outreach</p> <p>12pm Community Meeting</p> <p>1pm Areas</p> <p>2:30pm All Recovery Meeting</p> <p>2:30pm Men's Orientation Group</p>	<p>5</p> <p>9:30am Daily Inspiration</p> <p>2:30pm All Recovery Meeting</p> <p>6:30pm Free Meditation</p>	<p>6</p> <p>9:30am Daily Inspiration</p> <p>11am Chat & Chew</p> <p>1pm Housing Group</p> <p>2:30pm All Recovery Meeting</p>	<p>7</p> <p>9:30am Daily Inspiration</p> <p>12pm QI Group</p> <p>2:30pm All Recovery Meeting</p> <p>2:30pm Women's Orientation Group</p> <p>6pm Feel the Freedom NA</p>	<p>8</p> <p>12pm SMART Recovery</p> <p>2pm Crepe Paper Flower Making</p> 
<p>9</p> <p>6pm Sober Super Bowl Party!</p> 	<p>10</p> <p>9:30am Daily Inspiration</p> <p>11am Women's Meeting</p> <p>2:30pm All Recovery meeting</p> <p>6pm Recovery Dharma</p>	<p>11</p> <p>9:30am Daily Inspiration</p> <p>10am Hope Bag Outreach</p> <p>12pm Community Meeting</p> <p>1pm Areas</p> <p>2:30pm All Recovery Meeting</p>	<p>12</p> <p>9:30am Daily Inspiration</p> <p>1:30pm Laser Tag!</p> <p>2:30pm All Recovery Meeting</p> <p>6:30pm Free Meditation</p>	<p>13</p> <p>9:30am Daily Inspiration</p> <p>11am Chat & Chew</p> <p>12pm subcommittee Meeting</p> <p>1pm Housing Group</p> <p>2:30pm All Recovery Meeting</p>	<p>14</p> <p>9:30am Daily Inspiration</p> <p>12pm QI Group</p> <p>2:30pm All Recovery Meeting</p> <p>3:30pm Make Your Own Sundaes!</p> <p>6pm Feel the Freedom NA</p>	<p>15</p> <p>12pm SMART Recovery</p> <p>2pm Cooking Skills Class</p> 
 <p>16</p>	<p>17</p> <p>9:30am Daily Inspiration</p> <p>11am Women's Meeting</p> <p>12:30pm Advisory Committee</p> <p>2:30pm All Recovery meeting</p> <p>6pm Recovery Dharma</p>	<p>18</p> <p>9:30am Daily Inspiration</p> <p>10am Hope Bag Outreach</p> <p>12pm Community Meeting</p> <p>1pm Areas</p> <p>2:30pm All Recovery Meeting</p>	<p>19</p> <p>9:30am Daily Inspiration</p> <p>2:30pm All Recovery Meeting</p> <p>6:30pm Free Meditation</p>	<p>20</p> <p>9:30am Daily Inspiration</p> <p>11am Chat & Chew</p> <p>12pm Air Hockey Tournament!</p> <p>1pm Housing Group</p> <p>2:30pm All Recovery Meeting</p>	<p>21</p> <p>9:30am Daily Inspiration</p> <p>12pm QI Group</p> <p>2:30pm All Recovery Meeting</p> <p>6pm Feel the Freedom NA</p>	<p>22</p> <p>10am Finger Looping</p> <p>12pm SMART Recovery</p> 
 <p>23</p>	<p>24</p> <p>9:30am Daily Inspiration</p> <p>11am Women's Meeting</p> <p>2:30pm All Recovery meeting</p> <p>6pm Recovery Dharma</p>	<p>25</p> <p>9:30am Daily Inspiration</p> <p>10am Hope Bag Outreach</p> <p>12pm Community Meeting</p> <p>1pm Areas</p> <p>2:30pm All Recovery Meeting</p>	<p>26</p> <p>9:30am Daily Inspiration</p> <p>2:30pm All Recovery Meeting</p> <p>6:30pm Free Meditation</p>	<p>27</p> <p>9:30am Daily Inspiration</p> <p>11am Chat & Chew</p> <p>12pm Subcommittee Meeting</p> <p>1pm Housing Group</p> <p>2:30pm All Recovery Meeting</p>	<p>28</p> <p>9:30am Daily Inspiration</p> <p>12pm QI Group</p> <p>1pm Outreach Group</p> <p>2:30pm All Recovery Meeting</p> <p>6pm Feel the Freedom NA</p>	